



The Spiritual & Psychological Value of
Knowing & Being Known

through

Examination, Confession, & Celebration



March 17-18

Friday 1:00 - 8:00 pm / Saturday 9:00 - 4:00 pm

Facilitated by Rev. Dr. Craig Sefa, Roxanne Morgan, Ann Starrette, and others

A LENTEN RETREAT

SCHOOL OF THE SPIRIT IN PARTNERSHIP WITH THE LYIDA GROUP LLC MINISTRY OF SPIRITUAL FORMATION & SOUL CARE

Details

Through the practices of examination, confession & celebration, we seek to move beyond shame, blame and condemnation and revive the beauty and goodness of who God made us to be. "Penance [self-knowledge, confession, and celebration] is a form of spiritual medicine which helps us to bring a soul back into harmony." (from Celtic Christianity).

During this retreat, you will:



- ❖ Identify your early church experience of confession-for good or bad-and how it shaped your image of God and self.
- ❖ Explore the spiritual and psychological value of coming to your senses, turning Homeward, assured of celebration (Luke 15:11-32).
- ❖ Receive a clear perspective on the soul, its role, and how to bring a weary, thirsty soul back into harmony (Willard, Wesley, & Maya Angelou).
- ❖ Learn ways to recognize God's voice (Genesis 4: 1-7).
- ❖ Find healing through greater self-knowledge and opening ourselves to being fully known by God (Ignatius, Wilson & others).

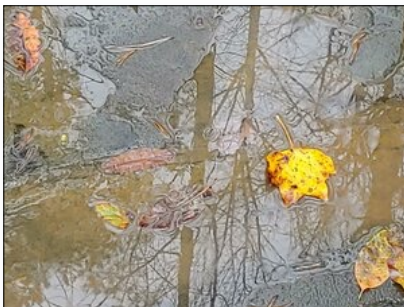
Where: Starrette Farm Retreat • Statesville NC • 336-971-7275

Space is limited to 24 participants. Consider inviting a soul friend to join you on the journey.

Registration Cost: \$150 (\$250 value - partial scholarships available - ask Nancy Bellamy)

This cost is for leadership, support materials, two meals and snacks throughout the two day retreat.

~Lodging is on your own~ discounted arrangements with Fairfield Inn, Statesville.



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REGISTRATION

TWO WAYS TO PAY

- ❖ by CREDIT CARD: Contact Nancy Bellamy at nancy@StarretteFarmRetreat.com for payment arrangements.
- ❖ by CHECK: Your check is payable to THE LYDIA GROUP with "Lenten Retreat" on the memo line. Mail check with form below to • Registrar: TLG • PO Box 1288 • Troutman, NC 28166 •

Contact Nancy at nancy@StarretteFarmRetreat.com with any questions including lodging and paritial scholarship needs.

2023 LENTEN RETREAT

NAME _____

ADDRESS _____

CITY, STATE, ZIP _____

EMAIL _____

Best PHONE _____

CHURCH affiliation, if any _____

AMOUNT ENCLOSED:

FULL PAYMENT of \$150 (unless other arrangements have been made)

- PLEASE MAKE A COPY OF THIS FORM AND YOUR CHECK AS A CONFIRMATION OF PAYMENT •

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