



Starrette Farm Retreat
a set-apart place for spiritual growth & renewal

A soul tending ministry of The Lydia Group, LLC
www.TheLydiaGroup.com

RETREAT HOUSE RENTAL

2017 Farm Calendar (updated 8-12-2017)

- **Open to public registration** *bullet / italics* / Contact Ann at Starrette@mindspring.com or 704-488-5825

JANUARY

- *Fri. Jan 13: Quiet Space Friday / NO-Agenda Day*
- Sunday, Jan 8: First Baptist Church, Deacon/Staff Retreat / Rev. Nelson Granade
- W/Th Jan 25/26: United Methodist Foundation Clergy Retreat / Rev. Dr. Elizabeth Coppedge-Henley
- Friday, Jan 27: Gordon-Conwell Theological Seminary / Student Life Retreat / Shari Adams
- M/Tue. Jan. 30/31: Leaders/Clergy *School of the Spirit* / Cultivating Discernment: Recognizing & Responding to God's Voice

FEBRUARY

- *Fri. Feb. 10: Quiet Space Friday / NO-Agenda Day*
- Sat. Feb 18: The Foundation of Missional Wisdom / Rev. Susan Giles
- *Monday, Feb 20: Desert Days: Nurturing a Different Wisdom / facilitated by Ann Starrette & Roxanne Morgan*

MARCH

- Wed. March 8: Black Orthodontics / Office Manager Jessica Bryson and Vibrant Coach Nicole Greer
- *Fri. March 10: Quiet Space Friday / NO-Agenda Day*
- Fri & Sat, March 17/18: Journey to Self/Women's Retreat / Rea Wright, LPC, NCC
- Thursday, March 30: UMC Clergywomen study/retreat day Dr. Mary John Dye

APRIL

- M/Tue. April 3/4: Clergy/Leaders *School of the Spirit (Class 7: 5 of 5)* / Establishing Rhythms of Work & Rest
- Sat. April 8: Davidson UMC Tai Chi Group: Meditation in Motion / Marsha Brodsky
- *Fri. April 14: Quiet Space Friday / NO-Agenda Day*

MAY

- M/Tue. May 1/2: **Class 8 Begins:** Leaders/Clergy School of the Spirit (1 of 5) / Longing for More
- Thur. May 11, UMC Day Apart for the Metro District Staff / Rev. Mark Andrews
- *Fri. May 12: Quiet Space Friday / NO-Agenda Day*
- *Sat. May 13: Lectio Divina (a method of praying scripture) Introduction Workshop / Ann Starrette, presenter*
- *Monday, May 15: Desert Days: Nurturing a Different Wisdom / facilitated by Ann Starrette & Roxanne Morgan*
- Sat. May 20: "Going Deeper" retreat day / Pearls of Wisdom & Truth Ministry / Vera Carroll

JUNE

- Sat. June 3: Performing Arts Live / Spring Board Retreat / Bill Warren
- Mon. June 5: First Baptist Church ministerial staff planning retreat / Rev. Larry Gregg
- *Fri. June 9: Quiet Space Friday / NO-Agenda Day*

JULY

- *Fri. July 14: Quiet Space Friday / NO-Agenda Day*
- Sat. July 22: Renovatus Church, Leadership Retreat / Melanie Freshour & Missy Cava
- M/Tue. July 24/25: *Leaders/Clergy School of the Spirit (2 of 5) / Leading from Within*

AUGUST

- *Fri. Aug. 11: Quiet Space Friday / NO-Agenda Day*
- *Mon. Aug. 21: Desert Days: Nurturing a Different Wisdom / facilitated by Ann Starrette & Roxanne Morgan*

SEPTEMBER

- *Fri. Sept. 8: Quiet Space Friday / NO-Agenda Day*
- Sat. Sept 9: The Foundation of Missional Wisdom / Rev. Susan Giles
- Sat. Sept. 30: Clemmons United Methodist Church, Women's Retreat / Rev. Paula Northrup

OCTOBER

- Fri. Oct. 6: Annual CPA Partner's Fall Retreat / Carla Steele, CPA
- Sat. Oct. 7: Wesleyan Contemplative Order fall retreat
- *Fri. Oct. 13: Quiet Space Friday / NO-Agenda Day*
- Sat. Oct. 21: Davidson UMC Tai Chi Group: Meditation in Motion / Marsha Brodsky
- F/Sat, Oct. 27/28: Journey to Self/Women's Retreat / Rea Wright, LPC, NCC
- M/Tue. Oct. 30/31: Leaders/Clergy School of the Spirit (3 of 5) / Finding Grace at the Center

NOVEMBER

- *Fri. Nov. 10: Quiet Space Friday / NO-Agenda Day*
- *Mon. Nov. 20: Desert Days: Nurturing a Different Wisdom / facilitated by Ann Starrette & Roxanne Morgan*

DECEMBER

- *Fri. Dec. 8: Quiet Space Friday / NO-Agenda Day*
-

- Date TBD: *Happiness on the Mountain and in the Valley: Using Positive Psychology in the Search for Spiritual Transformation / Frieda Brown, PhD / Continuing Education Units for clergy, chaplains, and counselors.*

ENDNOTES

- **LOCATION:** Starrette Farm, Statesville, NC. Affectionately called "The Farm," is an awesomely beautiful private homestead and wildlife sanctuary (est. 1888) which spans 50 acres of rolling woodland and walking trails only five minutes off I-40 and I-77 on Highway 64 East in Statesville, NC. Special note: Because the Starrette Farm is a private retreat space, directions follow your registration payment. View Farm at www.TheLydiaGroup.com.
- **RETREAT HOUSE RENTAL** at Starrette Farm: to view farm, space, and amenities go to www.TheLydiaGroup.com and click on Starrette Farm, scroll down and click on "Amenities Flyer." For availability and further details, contact Ann at Starrette@mindspring.com.
- **SPIRITUAL RETREATS (PRIVATE):** Ask Ann about Retreat House Rental for individual/couple over-night spiritual retreats.
- **SPIRITUAL DIRECTION:** Ann offers ongoing individual spiritual direction. Please note, she *does not* provide counseling/therapy. If you feel you are in need of counseling/therapy, she will provide you with an appropriate referral. For a working definition of "Spiritual Direction," please refer to the website of Davidson United Methodist Church <http://www.DavidsonUMC.org/SpiritualDirector>. For an excellent leaflet entitled "Choosing a Spiritual Guide" go to <http://www.retreats.org.uk/>. Contact Ann for further information and/or appointments, including suggested fees, at Starrette@mindspring.com or 704-488-5825.
- **LIFE, LEADERSHIP, and EXECUTIVE COACH:** Visit Nicole at www.TheVibrantCoach.com. If you would like information regarding a speech coach, keynote speaker or facilitator for you next workshop / retreat, contact Nicole at Nicole@TheVibrantCoach.com, or 704-502-4953.

- **ENNEAGRAM:** Contact Don Carroll at carroll.williamdon@gmail.com or Rev. Dr. Jody Seymour at drjodyseymour@gmail.com Both are steeped in this ancient practice through extensive training coupled with years of practical experience using this ancient tool with spiritual direction, day workshops and extended retreats.
- **CONSULTATION and LEADERSHIP:** Rev. Dianne Lawhorn is currently serving as our Minister of Spiritual Formation. She brings over 15 years experience in facilitating small groups for spiritual growth. She is a Program Associate in the Shalem Institute of Spiritual Formation. She offers formational teaching, retreat leadership, and spiritual direction. Contact Dianne at dianne.lawhorn@yahoo.com or 704-576-1476.